



# High School Lunch Menu

## Week of November 4 – 8

Monday						
	Spinach & Feta Pizza ★	Grilled Cheese w/ Tomato Soup ★	Choose a Bread. Choose from various Meats & Cheeses. Customize it with Toppings and Sauces! Served w/Deli Chips	Soup Bread Bowl	Side Salad Baby Carrots Broccoli Florets Fruit Cocktail Applesauce	
	Boneless Wings	★ Spicy Chicken Sandwich		Baked Beans		
	Tuesday	White Pizza ★	Italian Dunkers ★	Choose a Bread. Choose from various Meats & Cheeses. Customize it with Toppings and Sauces! Served w/Deli Chips	Pasta Bar	Side Salad Broccoli Florets Red Pepper Strips Diced Pears Applesauce
		Four Cheese Calzone	★ Bacon Cheeseburger		Steamed Broccoli	
Wednesday	White Pizza ★	Corn Dogs ★	Choose a Bread. Choose from various Meats & Cheeses. Customize it with Toppings and Sauces! Served w/Deli Chips	Nachos Bar	Side Salad Baby Carrots Cucumbers Grapes Applesauce	
	Supreme Artisan Pizza	★ Spicy Chicken Sandwich		Corn		
Thursday	White Pizza ★	Steak n Cheese Bagel Melt ★	Choose a Bread. Choose from various Meats & Cheeses. Customize it with Toppings and Sauces! Served w/Deli Chips	Meatball Bowl	Side Salad Celery Sticks Grape Tomatoes Apple Slices Applesauce	
	Pepperoni Roll	★ Grilled Chicken Sandwich		Cauliflower		
Friday	Spinach & Feta Pizza ★	Fish Sandwich w/ Mac N Cheese ★	Choose a Bread. Choose from various Meats & Cheeses. Customize it with Toppings and Sauces! Served w/Deli Chips	Pasta Bar	Side Salad Baby Carrots Cucumbers Diced Pears Applesauce	
	Buzzer Basket	★ Hot Dog		Sliced Carrots		
Available Daily	Cheese & Pepperoni ★	Burgers ★ Chicken Sandwiches Chicken Nuggets/ Breadstick	MTO Deli MTO Panini MTO Grilled Cheese MTO Salad  ★ *10" Wrap ★ *12" Wrap	Fat-Free and 1% white milk as well as Fat-Free flavored milk choices available daily!	Apples Oranges Bananas	

### Additionally Served:

Yogurt Parfaits      Sandwiches  
 Pudding Parfaits Premium Salads  
 Wraps                      Pita/Veggie/Humus Kit

**Regular Meal: \$2.45** ★

**Premium Meal: \$3.70**





# High School Lunch Menu

Week of November 18-22

Day	Item 1	Item 2	Item 3	Item 4	Item 5
Monday	 Buffalo Chicken Pizza ★  Boneless Wings	 Italian Dunkers ★  ★ <i>Spicy Chicken Sandwich</i>	 Choose a Bread. Choose from various Meats & Cheeses. Customize it with Toppings and Sauces! <u>Served w/Deli Chips</u>	 <b>Iron Chef</b> Pork Carnitas Yellow Rice Seasoned Black Beans  <i>Green Beans</i>	 Side Salad Baby Carrots Broccoli Florets Fruit Cocktail Applesauce
	White Pizza ★  Deep Dish Pizza	Chicken Mashed Potato Bowl ★  ★ <i>Bacon Cheeseburger</i>	Choose a Bread. Choose from various Meats & Cheeses. Customize it with Toppings and Sauces! <u>Served w/Deli Chips</u>	<b>Pasta Bar</b>   <i>Sliced Carrots</i>	Side Salad Broccoli Florets Red Pepper Strips Diced Pears Applesauce
Tuesday	White Pizza ★  Cinnamon Roll Artisan Pizza	General Tso's Chicken w/ Rice ★  ★ <i>Spicy Chicken Sandwich</i>	Choose a Bread. Choose from various Meats & Cheeses. Customize it with Toppings and Sauces! <u>Served w/Deli Chips</u>	<b>Nachos Bar</b>   <i>Corn</i>	Side Salad Baby Carrots Cucumbers Strawberries Applesauce
	White Pizza ★  Pepperoni Roll	Turkey & Stuffing ★  <i>Grilled Chicken Sandwich</i> ★	Choose a Bread. Choose from various Meats & Cheeses. Customize it with Toppings and Sauces! <u>Served w/Deli Chips</u>	<b>Waffle Bar</b> Featuring Chocolate Chip Waffles  <i>Mashed Potatoes w/ Gravy</i>	Side Salad Celery Sticks Grape Tomatoes Apple Slices Applesauce
Wednesday	Buffalo Chicken Pizza ★  Pretzel Nugget Bowl w/ Cheese	Fiestada Pizza ★  <i>Hot Dog</i> ★	Choose a Bread. Choose from various Meats & Cheeses. Customize it with Toppings and Sauces! <u>Served w/Deli Chips</u>	<b>Pasta Bar</b>   <i>Steamed Broccoli</i>	Side Salad Baby Carrots Cucumbers Diced Pears Applesauce
	<b>Available Daily</b> Cheese & Pepperoni ★	Burgers ★ Chicken Sandwiches Chicken Nuggets/ Breadstick	<b>MTO Deli</b> <b>MTO Panini</b> <b>MTO Grilled Cheese</b> <b>MTO Salad</b>  *10" Wrap ★ *12" Wrap	Fat-Free and 1% white milk as well as Fat-Free flavored milk choices available daily!	Apples Oranges Bananas

**Additionally Served:**

- Yogurt Parfaits
- Pudding Parfaits
- Wraps
- Sandwiches
- Premium Salads
- Pita/Veggie/Humus Kit

**Regular Meal: \$2.45** ★

**Premium Meal: \$3.70**












# High School Lunch Menu

## Week of November 25-29

Monday					
	Meat Lover's Pizza ★ Boneless Wings	Meatball Sub ★ ★ Spicy Chicken Sandwich	Choose a Bread. Choose from various Meats & Cheeses. Customize it with Toppings and Sauces! <u>Served w/Deli Chips</u>	Soup Bread Bowl  Green Peas	Side Salad Baby Carrots Broccoli Florets Fruit Cocktail Applesauce
Tuesday	White Pizza ★ Four Cheese Calzone	Grilled Cheese w/ Tomato Soup ★ ★ Bacon Cheeseburger	Choose a Bread. Choose from various Meats & Cheeses. Customize it with Toppings and Sauces! <u>Served w/Deli Chips</u>	Pasta Bar  Sliced Carrots	Side Salad Broccoli Florets Red Pepper Strips Diced Pears Applesauce
	No School				
Thursday	No School				
Friday	No School				
Available Daily	Cheese & Pepperoni ★	Burgers ★ Chicken Sandwiches Chicken Nuggets/ Breadstick	MTO Deli MTO Panini MTO Grilled Cheese MTO Salad  ★ *10" Wrap ★ *12" Wrap	Fat-Free and 1% white milk as well as Fat-Free flavored milk choices available daily!	Apples Oranges Bananas

### Additionally Served:

- Yogurt Parfaits
- Pudding Parfaits
- Wraps
- Sandwiches
- Premium Salads
- Pita/Veggie/Humus Kit

**Regular Meal: \$2.45** ★

**Premium Meal: \$3.70**