

#### Week of November 4 – 8











Spinach & Feta Pizza

Monday

Tuesday

Grilled Cheese w/ Tomato Soup

Choose a Bread. Choose from various Meats & Cheeses. Customize it with Toppings and Sauces! Served w/Deli Chips

**Bowl** 

Side Salad **Baby Carrots Broccoli Florets** Fruit Cocktail Applesauce

**Boneless Wings** White Pizza 🤺

Spicy Chicken Sandwich

Italian Dunkers

Choose a Bread. Choose from various Meats & Cheeses. Customize it with

Pasta Bar

Baked Beans

Side Salad Broccoli Florets Red Pepper Strips **Diced Pears** 

Four Cheese Calzone

Bacon Cheeseburger

Toppings and Sauces! Served w/Deli Chips

Steamed Broccoli

Nachos Bar

Applesauce Side Salad

White Pizza Wednesday

White Pizza

Corn Dogs

Choose a Bread. Choose from various Meats & Cheeses. Customize it with Toppings and Sauces!

Served w/Deli Chips

Corn

**Baby Carrots** Cucumbers Grapes Applesauce

Supreme Artisan Pizza

Spicy Chicken Sandwich

Steak n Cheese

Bagel Melt

Sandwich

Choose a Bread.

Choose from various Meats & Cheeses. Customize it with Toppings and Sauces! Served w/Deli Chips

Meatball Bowl

Side Salad Celery Sticks **Grape Tomatoes** Apple Slices Applesauce

Pepperoni Roll Spinach & Feta

Fish Sandwich w/ Mac N Cheese

Grilled Chicken

Choose a Bread. Choose from various Meats & Cheeses. Customize it with Toppings and Sauces! Served w/Deli Chips

Pasta Bar

Cauliflower

Side Salad Baby Carrots Cucumbers **Diced Pears** 

**Buzzer Basket** 

Hot Dog

Sliced Carrots

Applesauce

**Thursday** 

Friday

Pizza

Cheese & Pepperoni 🙀 Burgers

Chicken Sandwiches

Chicken Nuggets/ Breadstick

MTO Deli MTO Panini **MTO Grilled Cheese MTO Salad** 

\*10" Wrap \*12" Wrap Fat-Free and 1% white milk as well as Fat-Free flavored milk choices available daily!

**Apples Oranges** Bananas

Additionally Served:

**Yogurt Parfaits** Sandwiches Pudding Parfaits Premium Salads Wraps

Pita/Veggie/Humus Kit

Regular Meal: \$2.45

Premium Meal: \$3.70





#### Week of November 11- 15











Mac N Cheese Pizza Chicken 'N' Waffle

Farm House Sandwich

Choose a Bread. Choose from various Meats & Cheeses. Customize it with Toppings and Sauces!

Choose a Bread.

Meats & Cheeses.

Choose from various

Roast Beef Potatoes Roll

Seasoned Carrots

Side Salad **Baby Carrots Broccoli Florets** Fruit Cocktail Applesauce

**Boneless Wings** 

White Pizza 🤺

Spicy Chicken Sandwich

Served w/Deli Chips

Side Salad Pasta Bar Broccoli Florets

Chicken 'N' Waffle

Chicken Pot Pie

Customize it with Toppings and Sauces!

Green Peas

Red Pepper Strips **Diced Pears** 

Deep Dish Pizza

Bacon Cheeseburger

Served w/Deli Chips

Applesauce Side Salad

White Pizza

Chicken 'N' Waffle

Grilled Chicken Club Melt

Choose a Bread. Choose from various Meats & Cheeses. Customize it with Toppings and Sauces!

Served w/Deli Chips

Corn

**Baby Carrots** Cucumbers Pineapple Tidbits Applesauce

Cinnamon Roll Artisan Pizza

White Pizza

Chicken 'N' Waffle

Thursday

Spicy Chicken Sandwich Walking Taco

Choose a Bread. Choose from various Meats & Cheeses. Customize it with Toppings and Sauces!

Served w/Deli Chips

Waffle Bar Featuring Blueberry Waffles

Nachos Bar

Side Salad

Cheesy Breadsticks

Grilled Chicken Sandwich

Baked Beans

Celery Sticks **Grape Tomatoes** Apple Slices Applesauce

Mac N Cheese Pizza

Pulled Pork Sliders

Choose a Bread. Choose from various Meats & Cheeses. Customize it with Toppings and Sauces! Served w/Deli Chips

Pasta Bar

Side Salad **Baby Carrots** Cucumbers **Diced Pears** Applesauce

Pretzel Nugget Bowl w/ Cheese

Chicken 'N' Waffle

Hot Dog

Steamed Broccoli

Fat-Free and 1%

**Apples** 

Cheese &

Pepperoni 🙀

Burgers

Chicken Sandwiches

Chicken Nuggets/ Breadstick

MTO Deli MTO Panini **MTO Grilled Cheese MTO Salad** 

dailv! \*10" Wrap

white milk as well as Fat-Free flavored milk choices available

**Oranges** Bananas

**Additionally Served:** 

**Yogurt Parfaits** Sandwiches Pudding Parfaits Premium Salads Wraps

Pita/Veggie/Humus Kit

\*12" Wrap



Regular Meal: \$2.45

Premium Meal: \$3.70



This institution is an equal opportunity provider.



#### Week of November 18-22











**Buffalo Chicken** Pizza

Monday

Tuesday

Wednesday

Thursday

Friday

Italian Dunkers

Spicy Chicken Sandwich

Choose a Bread. Choose from various Meats & Cheeses. Customize it with Toppings and Sauces!

Served w/Deli Chips

Pork Carnitas Yellow Rice Seasoned Black Beans

Green Beans

Side Salad **Baby Carrots Broccoli Florets** Fruit Cocktail Applesauce

Side Salad

**Boneless Wings** White Pizza 🤺

Chicken Mashed Potato Bowl

Choose a Bread. Choose from various Meats & Cheeses. Customize it with

Pasta Bar

Broccoli Florets Red Pepper Strips **Diced Pears** Applesauce

Deep Dish Pizza

Bacon Cheeseburger

Toppings and Sauces! Served w/Deli Chips

Sliced Carrots

Nachos Bar

Side Salad

Cinnamon Roll

White Pizza

General Tso's Chicken w/ Rice

Choose a Bread. Choose from various Meats & Cheeses. Customize it with Toppings and Sauces! Served w/Deli Chips

Corn

**Baby Carrots** Cucumbers Strawberries Applesauce

Side Salad

Artisan Pizza

White Pizza

Turkey & Stuffing

Spicy Chicken Sandwich

Choose a Bread. Choose from various Meats & Cheeses. Customize it with Toppings and Sauces! Served w/Deli Chips

Waffle Bar Featuring Chocolate Chip Waffles

Pepperoni Roll

Grilled Chicken Sandwich

Mashed Potatoes w/ Gravy

Celery Sticks **Grape Tomatoes** Apple Slices Applesauce

**Buffalo Chicken** Pizza

Fiestada Pizza

Choose a Bread. Choose from various Meats & Cheeses. Customize it with Toppings and Sauces! Served w/Deli Chips

Pasta Bar

Steamed Broccoli

Side Salad **Baby Carrots** Cucumbers **Diced Pears** Applesauce

Pretzel Nugget Bowl w/ Cheese

Hot Dog

Burgers

MTO Deli MTO Panini **MTO Grilled Cheese MTO Salad** 

Fat-Free and 1% white milk as well as Fat-Free flavored milk choices available dailv!

**Apples Oranges** Bananas

Cheese & Pepperoni 🙀

Chicken Sandwiches

Chicken Nuggets/ Breadstick

\*10" Wrap

\*12" Wrap

**Additionally Served:** 

**Yogurt Parfaits** Sandwiches Pudding Parfaits Premium Salads Wraps

Pita/Veggie/Humus Kit

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Regular Meal: \$2.45

Premium Meal: \$3.70

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#### Week of November 25-29











Meat Lover's Pizza

Meatball Sub

Choose a Bread. Choose from various **Bowl** Meats & Cheeses. Customize it with

Side Salad **Baby Carrots** Broccoli Florets Fruit Cocktail Applesauce

**Boneless Wings** 

Spicy Chicken Sandwich

Toppings and Sauces! Served w/Deli Chips

Green Peas

White Pizza 🤺

Grilled Cheese w/ Tomato Soup

Choose a Bread. Choose from various Meats & Cheeses. Customize it with Toppings and Sauces!

Served w/Deli Chips

Pasta Bar

Side Salad Broccoli Florets Red Pepper Strips **Diced Pears Applesauce** 

Four Cheese Calzone

Bacon Cheeseburger

Sliced Carrots

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Tuesday

### No School

No School

### No School



Cheese & Pepperoni 🖈 Burgers

Chicken Sandwiches

Chicken Nuggets/ **Breadstick** 

MTO Deli MTO Panini **MTO Grilled Cheese MTO Salad** 

\*10" Wrap \*12" Wrap Fat-Free and 1% white milk as well as Fat-Free flavored milk choices available daily!

**Apples Oranges** Bananas

**Additionally Served:** 

**Yogurt Parfaits** Sandwiches Pudding Parfaits Premium Salads Wraps

Pita/Veggie/Humus Kit

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Regular Meal: \$2.45

Premium Meal: \$3.70

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